

CUYC COVID-19 ARRANGEMENTS

(Summer 2021)

PREAMBLE

CUYC's return to sport will be guided by the policies set out by our National Governing Body, the Royal Yachting Association (RYA); the British University Sailing Association (BUSA); and by the restrictions laid out by the University and the government.

During the summer, the club will focus on running 1 week trips on its yacht. These trip will run weekly beginning 28th June. Up to 8 people will take part in these trips, using the yacht as a living space during their time sailing.

See [here](#) for further specific information detailing risk mitigation for yacht sailing and [here](#) for general RYA roadmap. CUYC is an official RYA training centre. The RYA states that sailing will be permitted from March 29th 2021, when sailing clubs will reopen subject to restrictions. Their guidance will continue to evolve with government guidelines. Sailing takes place outside, so is relatively low risk compared to many other activities. As such, the CUYC committee feel that a return to some of our regular activities can be managed safely, and this document lays out our intended precautions for a safe return to sport.

OVERALL PRINCIPLES

We want to keep our members and those we come into contact with safe, while also returning to training and other activities as much as possible. We intend to follow the RYA's COVID-19 principle of being "Considerate and Conservative" - considering how our actions may impact the safety of others, and protecting them by being conservative in our approach to sailing.

PRIOR TO SESSIONS

We will ask everyone attending a week long summer programme trip to adhere to following guidelines:

- Take a lateral flow or PCR test with 48 hours of the trip starting and provide negative result evidence to CUYC.
- Confirm that they are not experiencing any cardinal covid symptoms
- Confirm that they are not currently required to self-isolate

Anyone who cannot attend a trip due to self-isolation will receive a full refund.

If any participant becomes symptomatic or tests positive during or after the trip, we will ask all participants who have been in close contact with them to self-isolate and get tested for COVID-19. The club will continue to keep a record of who has attended each trip via the cuyc.org.uk website so we can contact everyone who may have been in contact with a participant who becomes symptomatic. The skipper of the session will ensure our policies are followed.

Additionally, we will strongly encourage any taking part in CUYC activities to partake in the University's Asymptomatic Testing, reducing the potential risk from asymptomatic cases.

TRANSPORT

CUYC Summer trips will begin in Plymouth. Thus, the travel will be all via train or car. On trains, social distancing from other passengers will be required. In cars, no one from outside the trip's crew will be permitted to share the vehicle..

ASHORE

While ashore, e.g. rigging up the boat, we will observe the government guidelines. Everything takes place outside.

ABOARD

For the duration of the trip, the crew will constitute a household and will not be required to social distance from each other. As much time will be spent outside as possible and the yacht is well ventilated, reducing the risk of covid transmission amongst the crew.

AFTER SESSIONS

Before leaving the yacht, the leaving crew will be required to disinfect all surfaces and equipment on the yacht and ventilate any enclosed spaces. As an added precaution, the next crew will also be required to do a deep clean upon arrival and to ventilate any enclosed spaces.

ACTIONS IN EVENT OF A POSITIVE TEST

In the event that a participant tests positive within 48 hours of coming sailing, our website Tracing document will be used to determine who the participant came into close contact with. This is considered as anyone attending the same trip as the participant. These people will be contacted as soon as possible, and told to self-isolate for 14 days. The Sports Service will also be contacted to inform them of the situation, and any further actions suggested by them will be taken.

COMMUNICATION TO MEMBERS

These guidelines will be sent to those who sign up for a trip, and made available to members via the Club website. An email is always sent to those going on a trip and key points from the guidelines, as well as any updates to our policies, will be included in this email.

REVIEW SCHEDULE

As both the government and the RYA have now issued provisional guidance on what the next few months might look like in terms of restrictions, this document and the Club's COVID-19 risk assessments should be reviewed and updated as changes to restrictions are announced. In addition, the Club's documents should be updated after the first sailing session of the new term, to check that policies are working as intended.

SUMMARY

CUYC will continue to follow government, RYA, and Sports Centre guidance in order to return to sport while protecting our members and others. We will practise social distancing where possible, and where keeping 2m apart is not possible, we will follow suitable government and RYA mitigation practices as laid out in this document. This document will be reviewed regularly, and any changes highlighted to our members before they attend training and other sessions.

SOURCES

[RYA Mixed-household sailing guidance, updated 26/03/21](#)

[RYA COVID-19 Roadmap](#)

[RYA COVID-19 FAQs on boating from March 2021:](#)

[RYA COVID-19 page \(for all current RYA guidance and advice\)](#)